## THE FLUID BONE part of The Bone Consciousness Series



## With Monica Anthony & Elissa Dell

## ONLINE

November 2023

Saturday 25<sup>th</sup> 10am - 5pm - Sunday 26<sup>th</sup> 2pm - 5pm (UK) Maximum 12 Participants

The concept of fluidity gives rise to creative change and transformation, often in unexpected ways and on all levels of consciousness.

With reference to embryology, focussing and imaging, we will explore the energy fields which hold helpful insights both for ourselves and our clients.

In this workshop for a small group, we offer an opportunity to deepen our perception of the nature of bone and its quality, and to place it in our awareness through the concept of bone-consciousness.

'Whatever you can do, begin it. Boldness has genius, power and magic in it.' Goethe

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