

Beyond Form to Essence: The Mystic's Journey

Monica Anthony & Elissa Dell

June 25th – 27th 2021

London



This three-day course is a new course in the series: 'The Dream of the Bones' and is an invitation to explore, through the lens of craniosacral therapy, pathways to a clearer sense of the essence of our being.

Our bones hold open doors to new layers of experience, laying down foundations for communication linking us to the clear paths of ancestral and angelic being.

Aspiring to a deeper orientation to the Self, we may move our awareness beyond form to that essence and then rediscover ourselves in the richness of the fabric of that form. Becoming more fully embodied increases our vision and sense of Spirit.

Through subtle sensing of the energy field, we will find our individual language for the mystical path, gaining our own experience of the veils which hold inner knowledge safely until we are ready to integrate it into our lives.

This level of awareness has usually already made its presence felt in some way often through dreams, reflective moments, and even bodily symptoms through the chakras, and as we trace the unfolding of that journey, we follow our own internal compass.

This workshop draws on our long-term collaboration and many years of client work, encompassing a broad landscape of influences and experiential work.

'No bird soars too high if he soars with his own wings' William Blake

Fee: £295 (£265 before May 14th, 2021)

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This workshop counts as Primary CPD for CSTA (Craniosacral Association)

